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Place : Clinique de Genolier

Time:

Information concerning colonoscopy with Moviprep® and consent form Endoscopy of large intestine (colonoscopy) with removal of any polyps

Why is this test done?

This test is usually performed to investigate any recent changes in bowel habits, bleeding from the rectum (back passage), abdominal pain or prolonged diarrhoea, and to screen for early signs of bowel cancer. It is done to make or confirm a diagnosis.

How is the exam?

A flexible instrument (endoscope) is inserted through the rectum into the large intestine, pre-cleaned, and taken to the anastomosis of the small intestine. Special equipment used to extract small samples of tissue (biopsies) to be examined through a microscope.

Preparation for a colonoscopy.

Careful preparation is necessary for a successful examination. The colon must be clean and free of stool. To obtain this result you must follow exactly the instructions for the "Moviprep®".

Is the examination painful?

As some moments: yes. The administration by injection of a sedative is possible at any time upon request.

What are the possible additional interventions during a colonoscopy?

It is possible to detect one or more polyps (proliferation mostly benign mucosal). Such changes can lead, after a few years, to a malignant tumour. Thus, most often during the examination, they are resected with a loop electrical (polypectomy), without pain fort the patient.

What are the risks associated with these additional interventions?

The diagnostic test itself and taking a sample of tissue (biopsy) are at low risk (0.2%). During excision of polyps, complications such as perforation parietal (1-2%) or bleeding (5%) may occur in rare cases, despite all precautions taken. It is very rare complication that requires such an operation (1-2%).

Patients receiving alone Aspirine Cardio® can continue their treatment without interruption. For patients under anticoagulant treatment (Marcoumar®, Sintrom® or Plavix®), <u>you should contact the</u> secretariat at least 10 days before the exam date as your treatment should be changed.

For the procedure performed under good conditions, it is important to drink the full preparation, do nothing the evening before the exam (diarrhea) and not drive after the examination until the middle of the afternoon.

The test takes about 30 minutes, but it takes in the whole 40 to 60 minutes. You can leave immediately after the examination but you are requested (e) not drive a vehicle because the drugs administered during the examination may slow your reflexes. Diet can be resumed immediately after the examination.

What happens after the exam?

After receiving a sedative, you must not drive a vehicle or operate machinery or sign any legal document for the day after the examination.

Two hours after the exam, you may feel a sense of pressure in the abdomen (bloating). If these increases abdominal pain or become very strong, if you develop a fever or if you notice bleeding from the anus, please notify us immediately or, failing that, tell your doctor or nearest hospital.

Three days before the colonoscopy Avoid vegetables, salad, fruit with seeds for example apples, citrus, strawberries, raspberries, kiwi including jams and conserves. The day before the examine between 5 pm & 6.30 pm ☐ Empty one packet A and one packet B of **MOVIPREP** in a recipient ■ Add lukewarm water to obtaining a **ÉTAPE 1** liter of liquid. Stir to dissolve. If you prefer, mix the solution in advance and put it in the fridge before drinking. The reconstituted solution should be used within 24 hours. ☐ Every 15 minutes, drink the solution (approximately 250 ml) until a liter is **ÉTAPE 2** complete. ☐ Drink 500 ml of clear liquid of your choice EVENING MEAL: A plate of pasta with a little butter. No sauce, vegetables and salad. The day of the exam between 6 and 7 am Repeat steps 1 and 2. **BREAKFAST**: A cup of tea or coffee with sugar BREAKFAST: A cup of sweet tea or coffee around 8 am BETWEEN 8am & 12pm: Sugary drinks at will, no solid OF 12: Do not eat and not drink

Are you taking anti—coagulant tablets (ex Sintrom, Marcoum	ar, Plavix, Xarelto)	□ Yes	□ No
Do you suffer from allergies? allergic to certain medications? f eggs or soya ?) If yes, which ones?	ood allergy (especially to	□ Yes	□ No
Do you suffer from an illness that necessitated a hospital stay If yes which one ?	?	□ Yes	□ No
Have you been vaccinated against COVID 19? ☐ YES	□ NO	$\Box 1x \Box 2x$	□ 3x
Is it difficult for you to stay lying down flat for 30 min. for exa difficulty in breathing? Do you suffer from chest pain during exertion?	mple because of pain or	□ YES	□ No
What is your weight? :	What is your height?:		
I agree to the performance of the colonoscopy with a possible I agree to the administration of sedatives for the endoscopic α		□ YE	

I, have taken note of this and have been informed by the doctor unequivocally on diagnoses, procedures, process and risks of the examination or intervention during interview. I have received satisfactory answers to my questions. I agree to the achievement of this review.

Date and place Sign of the patient